

# Tralement<sup>®</sup>

(trace elements injection 4\*, USP)

\*Each mL contains zinc 3 mg, copper 0.3 mg, manganese 55 mcg, and selenium 60 mcg.



**Adult & pediatric dosing  
and administration guide**



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## The first FDA-approved multi-trace element injection for parenteral nutrition.<sup>1</sup>

Tralement® (trace elements injection 4\*, USP) is indicated in adult and pediatric patients weighing at least 10 kg as a source of zinc, copper, manganese and selenium for parenteral nutrition when oral or enteral nutrition is not possible, insufficient, or contraindicated.<sup>2</sup>

Each mL of Tralement® provides zinc 3 mg, copper 0.3 mg, manganese 55 mcg, and selenium 60 mcg. Tralement® is recommended once daily as part of a parenteral nutrition regimen.

- **Aligns with current treatment guidelines**

Tralement® has been specifically developed to align with the ASPEN Dosing Recommendations for trace element supplementation. The concentration of each element in Tralement® has been formulated to meet the needs of a broad range of pediatric and adult patients.<sup>2,3</sup>

- **Dosing: Added to parenteral nutrition**

A 1 mL dose of Tralement® per day for adults and pediatric patients weighing at least 50 kg simplifies treatment planning and preparation for healthcare workers, may save time, and may reduce the likelihood of errors.<sup>2,4</sup> Weight-dependent dosing is provided for pediatric patients between 10 kg to 49 kg.<sup>2</sup> Tralement® is not recommended for patients who may require a lower dosage of 1 or more of the individual trace elements.

- **Proven stability**

Stability studies support that Tralement® can be safely stored for up to 9 days when added to the parenteral nutrition admixture and refrigerated.<sup>2</sup>

- **Consistent supply**

Tralement® is proudly manufactured in the US with active pharmaceutical ingredients and components sourced in the US.

## Adult dosing

For adults and pediatric patients weighing at least 50 kg, the recommended dose is 1 mL per day added to parenteral nutrition.<sup>2</sup>

## Pediatric dosing

For pediatric patients weighing 10 kg to 49 kg, the recommended dosage of Tralement® is based on body weight and ranges from 0.2 to 0.8 mL per day.<sup>2</sup> (Please refer to Table 1 below.)

**Table 1. Recommended weight-based daily dosage of Tralement®**

Patient population	Body weight	Tralement® Dosage (mL)	Amount of trace elements provided by the corresponding Tralement volume			
			Zinc	Copper	Manganese	Selenium
Pediatric	10 kg to 19 kg	0.2 mL	600 mcg	60 mcg	11 mcg	12 mcg
Pediatric	20 kg to 29 kg	0.4 mL	1200 mcg	120 mcg	22 mcg	24 mcg
Pediatric	30 kg to 39 kg	0.6 mL	1800 mcg	180 mcg	33 mcg	36 mcg
Pediatric	40 kg to 49 kg	0.8 mL	2400 mcg	240 mcg	44 mcg	48 mcg
Adult and Pediatric	At least 50 kg	1 mL	3 mg	0.3 mg	55 mcg	60 mcg

## Supplementation with individual trace elements

For pediatric patients weighing 10 kg to 49 kg, additional zinc (in heavier patients in some weight bands), copper and selenium may be required to meet the recommended daily dose (shown below). To determine the additional amount of supplementation, compare the recommended daily dosage based on the body weight of the patient to the amount of each trace element provided by Tralement® and other dietary resources.<sup>2</sup>

- Zinc: 50 mcg/kg/day (up to 3,000 mcg/day)
- Copper: 20 mcg/kg/day (up to 300 mcg/day)
- Selenium: 2 mcg/kg/day (up to 60 mcg/day)

Do not supplement Tralement® with additional manganese.

## Additional dosage and administration details

- Tralement<sup>®</sup>, supplied as a 1 mL single-dose vial, is *not for direct intravenous infusion* and is used as an additive in parenteral nutrition admixtures.
- Tralement<sup>®</sup> is not approved for pediatric patients weighing less than 10 kg because the product does not provide an adequate dosage of zinc, copper, or selenium, and exceeds the recommended dosage of manganese.
- Prior to administration of parenteral nutrition solution containing Tralement<sup>®</sup>, correct severe fluid, electrolyte, and acid-base disorders.
- Monitor trace element concentrations in blood during long-term administration of parenteral nutrition. The dosage of the final Parenteral Nutrition solution containing Tralement must be based upon all components of the solution, the patient's clinical condition, and the contribution of all oral or enteral intake.

For complete dosing information, always refer to the [Full Prescribing Information](#).

## Intrinsic values for automated compounding devices for parenteral nutrition (PN) preparations

Intrinsic value	Tralement <sup>®</sup>
Osmolarity	114 mOsmol/L
Specific gravity	1.009 (g/mL)
pH range	1.5-3.5

For complete information, including dosing and administration, please see the [Full Prescribing Information](#).

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For intravenous use

## INDICATIONS AND USAGE

Tralement<sup>®</sup> is indicated in adult and pediatric patients weighing at least 10 kg as a source of zinc, copper, manganese, and selenium for parenteral nutrition when oral or enteral nutrition is not possible, insufficient, or contraindicated.

## IMPORTANT SAFETY INFORMATION

### Important Administration Information

Tralement is supplied as a single-dose vial for *admixture use* only. It is *not for direct intravenous infusion*. Prior to administration, Tralement *must be transferred to a separate parenteral nutrition container*, diluted and used as an admixture in parenteral nutrition solution.

### Overview of Dosing

- Prior to administration of parenteral nutrition solution containing Tralement, correct severe fluid, electrolyte, and acid-base disorders.
- The dosage of the final parenteral nutrition solution containing Tralement must be based on the concentrations of all components in the solution, the patient's clinical condition, nutritional requirements, and the contribution of oral or enteral intake.

Tralement is recommended only for patients who require supplementation with all four of the individual trace elements (i.e., zinc, copper, manganese and selenium).

See Full Prescribing Information on preparation, administration and dosing.

## CONTRAINDICATIONS

Tralement is contraindicated in patients with hypersensitivity to zinc or copper.

## WARNINGS AND PRECAUTIONS

- Pulmonary Embolism due to Pulmonary Vascular Precipitates: If signs of pulmonary distress occur, stop the infusion and initiate a medical evaluation.
- Vein Damage and Thrombosis: Solutions with osmolarity of 900 mOsmol/L or more must be infused through a central catheter. The primary complication of peripheral access is venous thrombophlebitis.

- Neurologic Toxicity with Manganese: Monitor patients receiving long-term parenteral nutrition solutions containing Tralement for neurologic signs and symptoms and routinely monitor whole blood manganese concentrations and liver function tests. Discontinue Tralement and consider brain magnetic resonance imaging (MRI) if toxicity suspected.
- Hepatic Accumulation of Copper and Manganese: Assess for development of hepatic or biliary dysfunction. Monitor concentrations of copper and manganese in patients with cholestasis, biliary dysfunction or cirrhosis receiving Tralement long-term.
- Aluminum Toxicity: Tralement contains aluminum that may be toxic. Increased risk in patients with renal impairment, including preterm infants.
- Monitoring and Laboratory Tests: Monitor blood zinc, copper, manganese, and selenium concentrations, fluid and electrolyte status, serum osmolality, blood glucose, liver and kidney function, blood count and coagulation parameters.
- Hypersensitivity Reactions with Zinc and Copper: If reactions occur, discontinue Tralement and initiate appropriate medical treatment.

## ADVERSE REACTIONS

The following adverse reactions were identified in clinical studies or post-marketing reports. Given that some of these reactions were reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

### Adverse reactions with other components of parenteral nutrition solutions:

- Pulmonary embolism due to pulmonary vascular precipitates
- Vein damage and thrombosis
- Aluminum toxicity

### Adverse reactions with the use of trace elements administered parenterally or by other routes of administration:

- Neurologic toxicity with manganese
- Hepatic accumulation of copper and manganese
- Hypersensitivity reactions with zinc and copper

## USE IN SPECIFIC POPULATIONS

**Pregnancy** - Risk Summary - Deficiency of trace elements may result in adverse pregnancy and fetal outcomes.

**Lactation** - [Risk Summary](#) - Zinc, copper, manganese, and selenium are present in human milk. The developmental and health benefits of breastfeeding should be considered, along with the mother's clinical need for Tralement and any potential adverse effects on the breastfed infant from Tralement or from the underlying maternal condition.

**Pediatric Use** - Refer to Full Prescribing Information for dosing. Do not supplement Tralement with additional manganese. Tralement is not approved for use in pediatric patients weighing less than 10 kg.

**Hepatic Impairment** - Hepatic accumulation of copper and manganese have been reported with long-term administration in parenteral nutrition. For patients with cholestasis, biliary dysfunction, or cirrhosis, monitor hepatic and biliary function during long-term administration of Tralement.

**OVERDOSAGE** - There are reports on overdosage in the literature for the individual trace elements. Management of overdosage is supportive care based on presenting signs and symptoms.

**For additional safety information, please see the [Full Prescribing Information](#).**

**You are encouraged to report Adverse Drug Events to American Regent, Inc. at 1-800-734-9236, or to the FDA by visiting [www.fda.gov/medwatch](http://www.fda.gov/medwatch) or by calling 1-800-FDA-1088.**

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**You are encouraged to report adverse drug events (ADEs) to American Regent:**

**T** 1.800.734.9236; **E** [pv@americanregent.com](mailto:pv@americanregent.com); **F** 1.610.650.0170

**ADEs may also be reported to the FDA:**

1.800.FDA.1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch)

**Medical information:**

1.888.354.4855

(9:00 am – 5:00 pm Eastern Time, Monday – Friday)

[www.americanregent.com/medical-affairs](http://www.americanregent.com/medical-affairs)

For medical information outside of normal business hours  
that cannot wait until the next business day, please call 1.877.845.6371

## REFERENCES:

1. Orange book: approved drug products with therapeutic equivalence evaluations: product details for NDA 209376. US Food & Drug Administration. Accessed June 7, 2022. Tralement®: [https://www.accessdata.fda.gov/scripts/cder/ob/results\\_product.cfm?Appl\\_Type=N&Appl\\_No=209376](https://www.accessdata.fda.gov/scripts/cder/ob/results_product.cfm?Appl_Type=N&Appl_No=209376)
2. Tralement® (trace elements injection 4\*, USP). Package insert. American Regent, Inc.; 2020.
3. American Society for Parenteral and Enteral Nutrition. Appropriate dosing for parenteral nutrition: ASPEN Recommendations. November 17, 2020. Accessed June 7, 2022. [http://www.nutritioncare.org/uploadedFiles/Documents/Guidelines\\_and\\_Clinical\\_Resources/PN%20Dosing%201-Sheet-FINAL.pdf](http://www.nutritioncare.org/uploadedFiles/Documents/Guidelines_and_Clinical_Resources/PN%20Dosing%201-Sheet-FINAL.pdf)
4. Vanek VW, Borum P, Buchman A, et al; Novel Nutrient Task Force; Parenteral Vitamin and Trace Element Working Group; American Society for Parenteral and Enteral Nutrition (A.S.P.E.N.). A call to action to bring safer parenteral micronutrient products to the U.S. market. *Nutr Clin Pract.* 2015;30(4):559-569.



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Reliable. Responsive. Respected.

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